

Recursion in JavaScript

(Function Calling Itself + Problem Decomposition Model)

Subtitle: Learn how functions solve complex problems by calling themselves and breaking tasks into smaller identical subproblems.

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Website Link: <https://dev-roast-app.vercel.app>

Introduction

Recursion is where beginners usually get confused because it breaks the normal thinking model:

- normal function → runs once
- recursion → function runs itself repeatedly

But recursion is not “infinite looping logic.”

It is a **structured way of breaking a problem into smaller versions of itself.**

Step 1: What is Recursion?

Recursion means:

A function calling itself until a stopping condition is met.

Simple Example:

```
function count(n) {  
  
  if (n === 0) return;  
  
  console.log(n);  
  
  count(n - 1);  
  
}
```

```
count(5);
```

Output:

5
4
3
2
1

Step 2: Why Recursion Exists

Some problems are naturally recursive:

- tree structures
- file systems
- nested categories
- mathematical sequences

Instead of loops, recursion makes logic cleaner.

Mental Model:

Problem → Smaller Problem → Smaller Problem → Base Case → Stop

Step 3: Two Core Parts of Recursion

Every recursive function MUST have:

1. Base Case (Stopping Condition)

```
if (n === 0) return;
```

👉 prevents infinite loop

2. Recursive Case (Self Call)

```
count(n - 1);
```

Structure:

Function = Base Case + Recursive Call

Step 4: How Recursion Works Internally (Call Stack View)

Example:

```
function test(n) {  
  if (n === 0) return;  
  test(n - 1);  
}
```

test(3);

Stack Flow:

test(3)

→ test(2)

→ test(1)

→ test(0)

→ STOP

Then stack unwinds.



Step 5: Recursion vs Loop

Feature	Loop	Recursion
Structure	iterative	self-calling
Memory	less	more (stack)
Readability	simple	better for nested logic
Use case	simple repetition	complex structures



Step 6: Real-World Use Cases

1. File System Traversal

- folders inside folders
- recursive scanning

2. UI Trees (React, DOM)

- components inside components
- nested rendering

3. Organizational Structures

- departments
- sub-departments
- teams

Step 7: Stack Overflow Problem

Bad Recursion:

```
function loop() {  
  
  loop();  
  
}
```

```
loop();
```

Result:

 Stack Overflow

Why?

- no base case
- infinite function calls

Step 8: Classic Example — Factorial

```
function factorial(n) {  
  
  if (n === 1) return 1;  
  
  
  return n * factorial(n - 1);  
  
}
```

```
}
```

```
console.log(factorial(5));
```

Breakdown:

$$5 \times 4 \times 3 \times 2 \times 1 = 120$$



Step 9: Recursion Flow Visualization

```
factorial(5)
```

```
= 5 * factorial(4)
```

```
= 5 * 4 * factorial(3)
```

```
= 5 * 4 * 3 * factorial(2)
```

```
= 5 * 4 * 3 * 2 * factorial(1)
```

```
= 120
```



Step 10: Common Mistakes



1. Missing base case

leads to infinite loop



2. Wrong condition logic

stopping too early or too late



3. Overusing recursion

loop would be better



4. Not understanding stack behavior

causes confusion in debugging



Step 11: Mini Exercises

Exercise 1

Print numbers from 10 to 1 using recursion

Exercise 2

Calculate sum of numbers using recursion

Exercise 3

Reverse a string using recursion

Step 12: Mini Quiz

1. What is recursion?
2. What is a base case?
3. Why does recursion use more memory?
4. When should recursion be avoided?

Step 13: Thinking Upgrade

If you understand recursion:

- you can solve tree problems
- you can understand compilers and engines better
- you can design scalable logic systems

👉 Recursion = thinking in breakdown patterns, not loops.

Step 14: Summary

- Recursion = function calling itself
- Must have base case + recursive case
- Uses call stack internally
- Powerful for nested structures
- Can cause stack overflow if misused
- Essential for advanced JavaScript systems